**DEPARTURE / RETURN TIMES:**

* We will MEET at Hosanna! Lutheran Church no later than 3:00 am on Saturday, August 3rd
* We will RETURN to Hosanna! Lutheran Church at approximately 10:30 pm on Sunday, August 11th

**[Participants will be instructed to call home when the group reaches the Rockford area to give a travel update]**

**WHAT TO BRING:** [Please pack everything in a large trash bag with your name on it]

*We will be out on the water for a total of SEVEN DAYS and SIX NIGHTS*

* **Passport – EVERYONE IS REQUIRED TO HAVE AN UP-TO-DATE PASSPORT**
* **Comfortable, modest clothing – plan for all sorts of weather/temperatures but pack light**
	+ **3-4 t-shirts** (quick dry recommended)
	+ **1 long sleeved shirt**
	+ **1 light weight sweatshirt or sweater** (it gets chilly at night!)
	+ **2-3 pants** (NO JEANS)
	+ **1-2 shorts**
	+ **4-5 socks** (Smartwool or Merino wool socks recommended)
* **Poncho or Rain Jacket**
* **Hiking Boots** (with ankle support; these WILL get wet!)
* **Comfortable shoes for around camp** (no sandals or flip-flops allowed)
* **Appropriate swimsuit** (one piece for ladies)
* **Hat + Bandana**
* **Sunglasses**
* **Sunscreen and Insect Repellant**
* **Shampoo, Soap, other personal care items**
* **An extra set of any prescription medicine** (in case one set gets lost/wet)
* **Small towel**
* **Water Bottle**
* **Small Flashlight + extra batteries**
* **Notebook / Pen**
* **2 Gallon Plastic Bags (to pack your clothes and belongings in these for extra water protection)**
* **Pocket Knife** [optional]
* **Cycling gloves** [optional, to protect hands]
* **Compass** [optional]
* **Whistle**
* **Croakies** (for glasses)
* **1 set of clothing to wear when we return to town**
* **1 set of clothing to wear on the way home**
* **Small bag or backpack to keep stuff in to leave at the Outfitter during the trip**
* **Money for meals on travel days (6 meals total) – “fast food”**

**NOTE: Please leave behind all electronics and personal valuables. Not all cell phones may work once we cross the border, but we will do our best to contact families when we reach northern Minnesota.**

**CANCELLATION POLICY:**

All trip deposits are non-refundable. Once registered, if you cancel a registration PRIOR to May 5, 2019, you will not be responsible for the remaining balance. All cancellations AFTER this date will be expected to pay the balance unless another individual is found to fill the spot. If you are sent home early for any reason, including medical or disciplinary reasons, or if the trip is shortened for any other reason, no refund will be offered. Please contact the Director of Youth Ministries if you have questions or concerns about this policy.

**EMERGENCY CONTACT INFORMATION:**

Contact is obviously limited during the Canoe Canada trip, but if you need to contact the group for EXTREME EMERGENCIES ONLY, you can contact CANOE CANADA OUTFITTERS (Atikokan, Ontario Canada)

**1-877-597-6418**

**Hosanna! Youth Ministries**

**CANOE CANADA**

**[August 3-11, 2019]**

**-Participant Registration Form-**

Please complete this registration form and return it to the Hosanna! Church office **NO LATER THAN** **Sunday, June 7, 2019**. A non-refundable **$50 deposit** must be included with this registration form. Once you register, you will receive important, updated retreat information as the event approaches.

**General Registration Information (one person per form please):**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Age: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade**: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Cell Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Cell Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Emergency Contact (other than parents): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Allergies or Dietary Needs: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Medications: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Payment and Financial Information:**

**The cost for this retreat is $500**, but limited financial assistance is available**.** Payment for the retreat may be paid at the time of registration or at any point before the trip. Checks should be made payable to “Hosanna! Lutheran Church.” Please complete the information below if you are in need of a financial scholarship for this event.

* **We are requesting financial assistance in the amount of $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for this event.**
* **We are willing to donate an additional $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to help provide assistance for others.**

Deposits are non-refundable. Once registered, if you cancel a registration PRIOR to May 7, 2017, you will not be responsible for the remaining balance. All cancellations AFTER this date will be expected to pay the remaining balance.

**Participation Consent:**

I hereby certify that I give permission for the individual listed above to participate in the CANOE CANADA event with Hosanna! Lutheran Church during the dates described above. I give permission to participate in all trip activities. The participant listed above has been instructed to cooperate with Canoe Canada staff, church leaders, and adult volunteers and knows that failure to abide by established rules may result, in extreme cases, being sent home at our expense. I consent to allow appropriate photographic and/or video images to be taken and used to promote future events or activities by Hosanna! Lutheran Church and/or Canoe Canada Outfitters. I also agree to hold Hosanna! Lutheran Church, Canoe Canada Outfitters, or any directors, employees, or volunteers connected to the trip harmless of any liability related to participation in event activities. By signing this form, I authorize the assigned leaders (whether staff or volunteer) of Hosanna! Lutheran Church, or another designated person, to make decisions in their best judgment regarding any and all emergency medical care. It is understood that effort shall be made to contact the undersigned prior to rendering treatment, but that treatment will not be withheld if the undersigned cannot be reached.

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Participant Name or Parent/Guardian Name if under 18 years old (Printed)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Participant or Parent/Guardian Signature Date**